

## Traccia 2

Le fonti di finanziamento delle Camere di Commercio

La Segnalazione certificata di inizio attività ai sensi dell'articolo 19 della legge 241/1990

Le dichiarazioni sostitutive di certificazione ai sensi del DPR 445/2000

## Prova di informatica

Il candidato rediga una nota con la quale l'Ente comunica al Sig. Emilio Bianchi di aver accolto la richiesta di ammissione agli esami mediatori e lo invita a sostenere la prova scritta in data 1/7/2021 alle ore 15.00 presentandosi presso la sede della Camera di Commercio Via F.lli Rosselli n. 4 munito di documento di riconoscimento in corso di validità.

Al termine, procedere al salvataggio della nota.

# g. l) r n's health

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**It's official - British children are getting fatter. According to a survey published in the British Medical Journal in 2001, nearly 16 per cent of two-year-olds are overweight and more than 20 per cent of four-year-olds are overweight. And since 2001, the problem has got worse. The government's latest health survey found that today about 30 per cent of all children are overweight.**

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## WHY?

Children watch too much television, and they see ten food advertisements for every hour of TV they watch. They do less exercise, play less sport,

and spend more time watching videos or playing computer games than they did in the past. The problem isn't that children eat too much food, or the wrong kind of food -

though of course it's better to eat healthy foods than too much fat. The real problem is that too many children don't get any physical exercise.

## WHAT CAN WE DO?

So how can we help our children develop a healthy attitude to food and exercise? Well, parents should try to help children to eat healthily when they're still young - we need to give children good habits at an early age. This means, for example, giving children fruit, not sweets, and eating meals

together as a family if possible. Cooking with children is also a good idea, to teach them the importance of good food. A lot of children don't like vegetables, but even a few vegetables every day can help to improve their diet.

And instead of driving our children everywhere, we should encourage them to walk or cycle. We should also encourage interesting and exciting for them. Playing football in the park is much better for children than playing on the computer.